



# Egg Nog

*Trickling Springs  
Creamery*

Chambersburg, PA 17202  
1qt., 32oz. (.95L)

Ingredients: Milk, Cane Sugar, Cream, Whole Eggs, Egg Yolks, Whey, Nonfat Dry Milk, Molasses, Vanilla, Nutmeg, Sea Salt, Carrageenan, Annatto and Beta Carotene for color.

## Nutrition Facts

Serving Size 4 fl. oz. (128 gm)

Servings Per Container 8

Amount Per Serving

Calories 182    Calories from Fat 77

**% Daily Value\***

**Total Fat** 9g                      **14%**

    Saturated Fat 5g                **25%**

**Trans Fat** 0mg                    **0%**

**Cholesterol** 79mg               **26%**

**Sodium** 72mg                    **3%**

**Total Carbohydrate** 21g       **7%**

    Dietary Fiber 0g               **0%**

    Sugars 21g

**Protein** 5g

Vitamin A 6% • Vitamin C 0%

Calcium 15% • Iron 1%

\* Percent Daily Values are based on a 2,000 calorie diet.



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